



**NO HELMET
NO RIDE**

TRAINING CALENDAR

To participate in the Sean Kelly Tour Training Spins participants must have Cycling Ireland Membership (€10 for 2010 for new members)

DATE	EVENT	TIME	MEETING POINT
Monday 31 st May	Training Spin	6.30 pm	Square @Grotto, Portlaoigh
Tuesday 1 st June	Training Spin	6.30 pm	Carrick on Suir Credit Union
Tuesday 1 st June	Training Spin	7.30 pm	Post Office, Kilmacthomas
Monday 14 th June	Training Spin	6.30 pm	Square @Grotto, Portlaoigh
Tuesday 15 th June	Training Spin	6.30 pm	Carrick on Suir Credit Union
Tuesday 15 th June	Training Spin	7.30 pm	Post Office, Kilmacthomas
Monday 28 th June	Training Spin	6.30 pm	Square @Grotto Portlaoigh
Tuesday 29 th June	Training Spin	6.30 pm	Carrick on Suir Credit Union
Tuesday 29 th June	Training Spin	7.30 pm	Post Office, Kilmacthomas
Monday 12 th July	Training Spin	6.30 pm	Square @Grotto Portlaoigh
Tuesday 13 th July	Training Spin	6.30 pm	Carrick on Suir Credit Union
Tuesday 13 th July	Training Spin	7.30 pm	Post Office, Kilmacthomas
Monday 26 th July	Training Spin	6.30 pm	Square@Grotto Portlaoigh
Tuesday 27 th July	Training Spin	6.30 pm	Carrick on Suir Credit Union
Sunday 27 th July	Training Spin	7.30 pm	Post Office, Kilmacthomas
Monday 9 th August	Training Spin	6.30 pm	Square @Grotto Portlaoigh
Tuesday 10 th August	Training Spin	6.30 pm	Carrick on Suir Credit Union
Tuesday 10 th August	Training Spin	7.30 pm	Post Office, Kilmacthomas

 Dan Morrissey Carrick Wheelers - Paul 087 6256503

 Carrick Touring Club - John Brunnock 087 2947032

 Dan Morrissey Carrick Wheelers - Hugh Mulhearn 086 3635053



www.theseankellytour.com